



OLYMPIC HEX BAR

SKU: AOT-56

PRODUCT SPECIFICATIONS

Weight Capacity
600 lb

Overall Length
56 in.

Shaft Finish
Chrome

Overall Width
24 in.

Sleeve Finish
Chrome

Handle Spacing
25.2 in.

Knurling
Medium

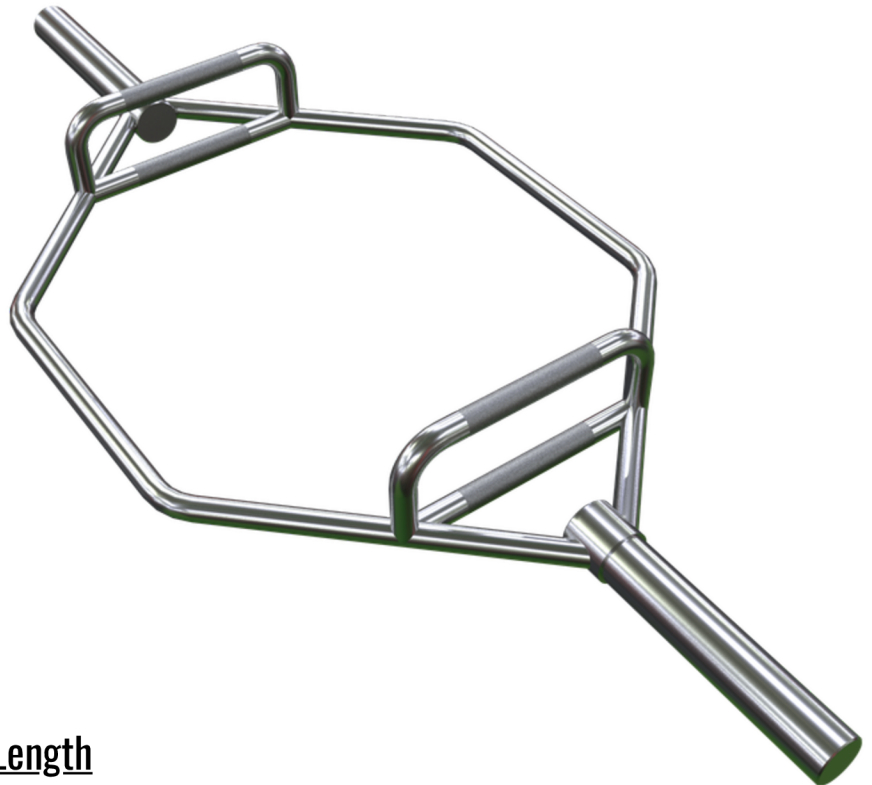
Height
5.5 in.

Sleeve Attached
Solid Steel, Fixed

Weight
50 lb

Shaft Diameter
25 mm

Loadable Sleeve Length
10 in.



FEATURES & DETAILS

Our VTX “hex” bar with both raised and parallel handles is ideal for shoulder shrugs and dead lifts. It’s more efficient than a traditional barbell because the weight is kept more in line with the body of the lifter than in front, reducing stress to the lower back. The spacious hexagonal design makes it easy to step in and out of, while the chrome finish resists rust and corrosion. Solid steel sleeve design.

WARRANTY INFORMATION

VTX products come with a full 1-year warranty against manufacturer defects or breakage. This 1-year warranty does cover in a light commercial setting. Rubber products may carry a slight odor. This odor should be considered normal and will not be covered under warranty.