

# VTX

## MULTI GRIP BAR

SKU: G-MGB

### PRODUCT SPECIFICATIONS

#### Weight Capacity

700 lb

#### Dimensions

83 in. L x 3 in. W x 11.5 in. H

#### Shaft Finish

Bright Zinc

#### Weight

47 lb

#### Sleeve Finish

Bright Zinc

#### Inside Shaft Length

52 in.

#### Knurling

Medium

#### Loadable Sleeve Length

14.63 in.

#### Sleeve Attached

Welded

#### Handle Grip Diameter

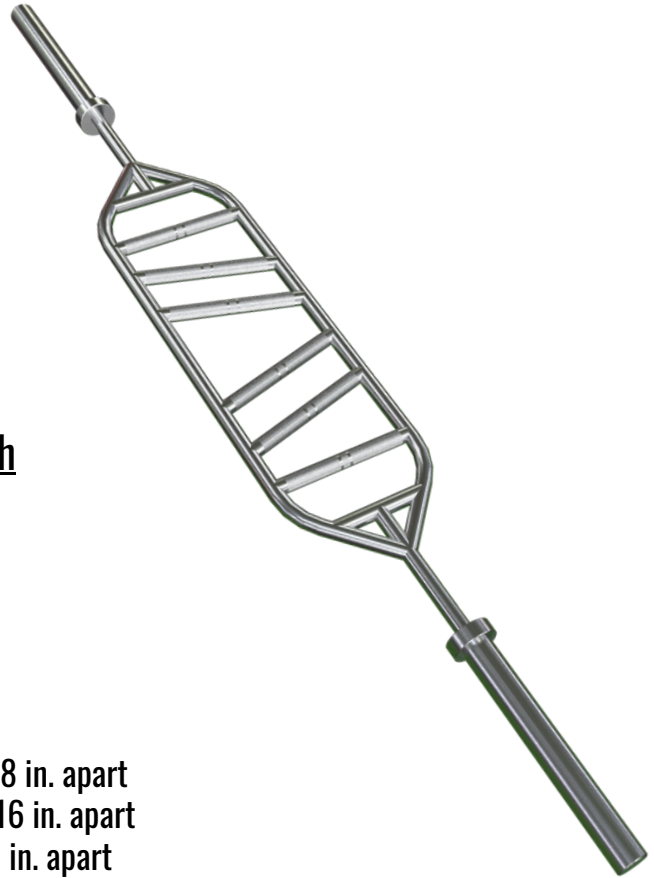
28 mm

#### Rackable Space

6.3 in. between collar & frame

#### Handle Spacing

First set of angled handles: 8 in. apart  
Second set angled handles: 16 in. apart  
Outside straight handles: 22 in. apart



## FEATURES & DETAILS

Experience the difference incorporating our VTX Multi-Grip Bar can make to your free-weight workouts! Two pair of oblique (angled) and one pair of straight neutral grip 28 mm handles combine to reduce stress on wrists and shoulders during close, medium or wider grip pressing movements. Demonstrating tremendous versatility, the bar can also be used for overhead presses, bent over rows, hammer curls, stiff leg deadlifts and much more. It is long enough (83 in.) to be compatible with most power racks and can even be racked at the top for chin-ups, or the bottom for push-ups. Solid and fully welded, it features knurled handle grips, uniquely centered spacers for hand placement and a quality bright zinc finish that will not scratch or flake.

## WARRANTY INFORMATION

VTX products come with a full 1-year warranty against manufacturer defects or breakage through improper use by the end-user in light commercial setting. This 1-year warranty does cover in a light commercial setting. Rubber products may carry a slight odor. This odor should be considered normal and will not be covered under warranty.