

RUBBER INTERLOCKING PLATE

SKU: GO-R

TROY[®]
BARBELL & FITNESS

Durability

Odorless, virgin rubber surface protects floor and equipment

Accuracy

Troy GO-R plates are accurate within 2% plus or minus of actual weight.

Design

Our patented interlocking design makes lifting and loading easier from any position.



PRODUCT SPECIFICATIONS

Name	Rubber Interlocking Plate
Color	Black
Sizes	2.5 lb, 5 lb, 10 lb, 25 lb, 35 lb, 45 lb
Material	Rubber

Plate Diameter	45 lb - 467.2 mm (18.39 in.)
	35 lb - 379.6 mm (14.94 in.)
	25 lb - 318 mm (12.52 in.)
	10 lb - 262 mm (10.32 in.)
	05 lb - 208 mm (8.19 in.)
	2.5 lb - 162 mm (6.38 in.)

Plate Width	45 lb - 51 mm (2.01 in.)
	35 lb - 47.5 mm (1.87 in.)
	25 lb - 43.2 mm (1.70 in.)
	10 lb - 31.5 mm (1.24 in.)
	05 lb - 24.6 mm (0.97 in.)
	2.5 lb - 22 mm (.87 in.)

FEATURES & DETAILS

Our Troy premium grade, “Quiet Iron® EZ-lift” grip plates set the standard for excellence with their unique design, exceptional quality and durability – so much so in fact, that we give them a 5 year warranty. The odorless, virgin rubber surface protects floor and equipment while the interlocking feature allows one to lift, lock and load more plates onto bars and machines. Troy GO-R plates are accurate within 2% plus or minus of actual weight.

Warranty Information

TROY warranty is for 5 years. TROY guarantees all products from the date of shipment to be free of materials defects. The warranty extends to the original consignee or end-user only. The warranty only covers failures due to material defects or workmanship that occurs during regular use. It does not cover product failures due to misuse, negligence, misapplication, modification, or normal wear and tear.