

TROY INTERLOCKING GRIP WORKOUT PLATE

SKU: GR-R

TROY[®]
BARBELL & FITNESS



Design

Our patented interlocking design makes lifting and loading easier from any position.



PRODUCT SPECIFICATIONS

Name	Interlocking Color Grip Workout Plate
Color	Black
Sizes	2.5 lb, 5 lb, 10 lb
Material	Rubber
Plate Diameter	10 lb - 230 mm (9.06 in.) 05 lb - 200 mm (7.87 in.) 2.5 lb - 185 mm (7.28 in.)
Plate Width	10 lb - 35.5 mm (1.4 in.) 05 lb - 29.5 mm (1.16 in.) 2.5 lb - 25.5 mm (1 in.)

FEATURES & DETAILS

Troy's rubber encased 1 in. standard interlocking color plates are designed to fit all 1 in. bars, taking the heavy use that cast plates cannot, they are used in our Troy lite workout strength training set. These "Quiet Iron" color plates will not damage floors or equipment.

Warranty Information

TROY warranty is for 5 years. TROY guarantees all products from the date of shipment to be free of materials defects. The warranty extends to the original consignee or end-user only. The warranty only covers failures due to material defects or workmanship that occurs during regular use. It does not cover product failures due to misuse, negligence, misapplication, modification, or normal wear and tear.