



FEATURES & DETAILS

This 47 in. bar is designed to increase upper arm mass, strength and definition. This bar isolates and intensifies development of the biceps and forearm muscles. *Threaded ends include 1 lb star-lock collars.

PRODUCT SPECIFICATIONS

Overall Bar Length: 47 in.

Product/Shipping Weight: 11 & 13 lb

Shaft Diameter: 25.4 mm (1 in.)

WARRANTY INFORMATION

All USA Sports, Inc products come with a 90-day warranty, against breakage through proper use to the original owner and does not cover normal wear and tear. This warranty does not cover products placed in a commercial setting.