



**FLAT/INCLINE/DECLINE
BENCH**
SKU: GWS-FID



FEATURES & DETAILS

Our versatile, flat to incline-decline economy bench is ideal for upper body dumbbell workouts. Extended foam grips provide stability while performing abdominal exercises and reverse crunches. The ladder adjustment system is designed to deliver results from 5 different positions ranging from flat, to negative /decline, to upright. All Renegade benches come equipped with durably stitched, branded upholstery with ample cushioning to deliver lasting comfort.

PRODUCT SPECIFICATIONS

Product Dimensions:

Length: 48 in.

Width: 25 in.

Height: 23 in.

Product/Shipping weight: 32 lb

Weight Capacity: 300 lb (with user)

WARRANTY INFORMATION

All USA Sports, Inc products come with a 90-day warranty, against breakage through proper use to the original owner and does not cover normal wear and tear. This warranty does not cover products placed in a commercial setting.