

## HEX DUMBBELL SKU: HD-R

## PRODUCT SPECIFICATIONS

Sizes: 3 lb, 5 lb, 8 lb, 10 lb, 12 lb,

15 lb through 100 lb in 5 lb increments

Material: Rubber Handle: Contoured Handle Length: 4.25 in.

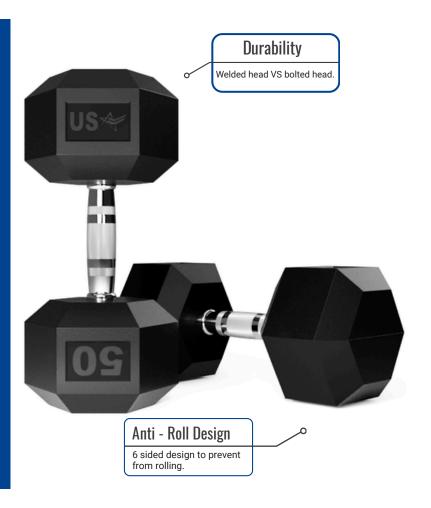
Distance Between Heads: 5.2 in.

**Knurling: Medium** 

Handle Diameter: 3 lb - 12 lb : 28 mm

15 lb - 100 lb : 34 mm

	10 15	100 10 . 0 1 111111
Size (lbs)	<u>Height</u>	Dumbbell Head Thickness
3	<u>(mm)</u>	<u>(mm)</u>
5	56	50
8	68	58
10	81	64
12	88	72
15	95	77
20	105	85
25	110	90
30	118	96
35	127	100
40	135	104
45	144	110
50	148	118
55	152	120
60	158	125
65	164	125
70	164	129
75	168	130
80	170	132
85	178	136
90	182	138
95	191	144
100	191	145
	191	150



## FEATURES & DETAILS

Our versatile USA rubber encased hex (6-sided) dumbbells are designed for home gym use, but can be used in a variety of settings. Solid, anti-roll heads are securely affixed to all steel, chrome, contoured handles via a friction weld. Their durable rubber surface dramatically reduces noise, while helping to protect floors and equipment.

## WARRANTY INFORMATION

All USA Sports, Inc products come with a 90-day warranty, against breakage through proper use to the original owner and does not cover normal wear and tear. This warranty does not cover products placed in a commercial setting.