



SUPRABAR CURL BAR

SKU: SBCB-47

PRODUCT SPECIFICATIONS

Length
47 in.

Knurling
Light

Sleeve Attached
Solid Bar Design

Weight
25.2 lb

Handle Diameter
30 mm

Distance Between Handles
450 mm (17.7 in.)

Loadable Sleeve Length
232 mm (9.1 in.)

Weight Capacity
200 lb



FEATURES & DETAILS

Our 47 in. SupraBar deluxe curl bar with revolving handles is designed to increase upper arm mass, strength and definition. Used with any 2 in. Olympic plates, this bar isolates and intensifies development of the biceps and forearms through the biomechanical process of supination – the inward and outward rotation of the wrists. This SupraBar isolates exertion to the targeted muscle group while relieving stress on tendons and joints.

WARRANTY INFORMATION

VTX products come with a full 1-year warranty against manufacturer defects or breakage through improper use by the end-user in light commercial setting. This 1-year warranty does cover in a light commercial setting. Rubber products may carry a slight odor. This odor should be considered normal and will not be covered under warranty.