8 SIDED HEX DUMBBELL

SKU: SD-R

PRODUCT SPECIFICATIONS

Sizes

3 lb, 5 lb, 8 lb, 10 lb, 12 lb, and 15 lb through 100 lb in 5 lb increments.

Distance Between Heads

127 mm (5 in.)

Handle Length

112 mm (4.4 in)

Material

Rubber

Handle

Contoured

Knurling

Medium

Handle Diameter

3 lb - 10 lb : 31 mm 12 lb - 100 lb : 34 mm

Size (lbs)	Height (mm)	Dumbbell Head Thickness (mm)
3	67.7	48
5	75.5	56.5
8	90	66
10	91.5	69
12	99	76.4
15	105	81
20	117	90
25	122	95
30	130	98
35	134.5	101.5
40	147.5	108.5
45	153	114
50	156	116
55	159.5	121
60	164	122.8
65	169	124.5
70	171	128
75	177	133.5
80	181	135.5
85	185	138
90	189	140
95	189	144.5
100	190	149.5



FEATURES & DETAILS

For over a decade, our VTX 8 sided, rubber encased dumbbell has been the go to choice of institutional dealers nationwide because of its rugged design and enduring performance. Its proprietary rubber surface helps to reduce noise and protect floors and equipment, while solid steel, chrome ergo handles are medium knurled to provide a firm, comfortable grip. With all these quality features at an affordable price, it's also a popular choice of fitness conscious consumers everywhere looking to outfit their homes.

WARRANTY INFORMATION

VTX products come with a full 1-year warranty against manufacturer defects or breakage through proper use by the enduser in light commercial setting. This 1-year warranty does cover in a light commercial setting. Rubber products may carry a slight odor. This odor should be considered normal and will not be covered under warranty.