LIGHTWEIGHT TRAINING BAR SKU: TRB-54BH





FEATURES & DETAILS

Weight:	3.85 lb	Designed for training classes, this lightweight
Overall Length:	54 in.	54 in. bar weighs approximately 4 lb, yet can safely hold up to 65 lb of our rubber encased,
Inside Shaft Length:	34.7 in.	interlocking 1 in. weight plates. (See GR-R/GR-RC)
Loadable Sleeve Length:	9 in.	Warranty Information

25.4 mm

None

65 lb

PRODUCT SPECIFICATIONS

Shaft Diameter:

Center Knurling:

Weight Capacity:

TROY warranty is for 5 years. TROY guarantees all products from the date of shipment to be free of materials defects. The warranty extends to the original consignee or end-user only. The warranty only covers failures due to material defects or workmanship that occurs during regular use. It does not cover product failures due to misuse, negligence, misapplication, modification, or normal wear and tear.